

## Actividades divulgación Proyecto AGROALNEXT\_2023/24

|                               |   |
|-------------------------------|---|
| <b>Lugar</b>                  | Sheraton Porto Hotel & Spa.   |
| <b>Localidad</b>              | Oporto, Portugal  |
| <b>Provincia</b>              |   |
| <b>Fecha</b>                  | 09/04/2024 a 11/04/2024   |
| <b>Proyecto:</b>              | LEGUMAX   |
| <b>Código proyecto</b>        | AGROALNEXT_2022/030   |
| <b>Grupo de investigación</b> | Instituto Universitario de Ingeniería de Alimentos-FoodUPV de la Universitat Politècnica de València.<br><b>FoodUPV</b> |

### INFORME DE LA ACTIVIDAD:

En el contexto del Congreso “8th International Conference on Food Digestion (ICFD2024)” celebrado en Oporto del 9 al 11 de abril de 2024 y organizado en el marco de INFOGEST, una red global de aproximadamente 700 científicos investigadores (académicos y empresas alimentarias) de 200 instituciones en 52 países y cuyo objetivo principal es “Mejorar las propiedades saludables de los alimentos compartiendo su conocimiento sobre el proceso digestivo” se presentó el poster “Designing protein-rich snack based on fermented fava beans (Vicia Fava)”.

La investigación realizada, vinculada al proyecto AGROALNEXT\_2022/030: “Desarrollo de nuevos productos saludables y sostenibles basados en legumbres fermentadas para la prevención del sobrepeso infantil (LEGUMAX)” tenía como objetivo evaluar el efecto que sobre las propiedades funcionales y la digestibilidad de los nutrientes presentes en barritas producidas con habas tenía la aplicación sobre las mismas de diferentes tratamientos (remojado, esterilizado y fermentado). Se demostró que las habas podrían ser un ingrediente rico en proteínas beneficiosas con un perfil funcional mejorado para la producción de snacks (barritas) gracias a que la fracción bioaccesible de las barritas fermentadas sufrió un aumento en el contenido de aminoácidos así como una inhibición de la ECA.



## FOTOS DE LA ACTIVIDAD:

The poster features a blue header with the conference title and location. Below the header, a grid of abstract posters is displayed, each with a title and a brief description. A large blue arrow points from the bottom left towards the poster.

**P63 | Visualization and assessment of damage of dietary nucleic acids from raw and processed food**  
Kościerak, Anna; Kozlara, Zuzanna; Cieślewicz, Joanna; Bartoszek, Agnieszka

**P64 | Enrichment of apple microbiome and its survivability during simulated gastric digestion**  
Gao, Zhujun; Blaustein, Ryan A.; Bomhorst, Gall M.; Nitin, Nitin; Tikekar, Rohan V.

**P65 | An in vitro setup to monitor the gastric digestion of solid foods with ultrasound**  
Li, Xinhang; Capuano, Edoardo; De Korte, Chris; Smeets, Paul A.M.

**P66 | Are plant-based drinks equivalent to cow's milk in terms of ingredients and protein quality?**  
Reto Portmann; Barbara, Walther; Brügger, Cédric; Guggisberg, Dominik; Dubois, Sébastien; Badertscher, René; Egger, Lotti; Rezzz, Serge

**P68 | Importance of the coacervation process of gelatin with gum Arabic for in vitro digestion**  
Katarina Kolomiyets, Katarina Kolomiyets; Weissbrodt, Jenny; Brodkorb, Andre

**P69 | Microstructural characterization and digestibility of polysaccharide-grass protein microcapsules**  
Mora-Sáenz, María Gloria; Brodkorb, André; Pérez-Vila, Sara; Sepulveda-González, Allynne; Gómez-Mascaraque, Laura G.

**P70 | Compositional analysis and in vitro digestibility of alternative protein sources**  
Hernandez-Olivas, Ever; Giblin, Linda; Brodkorb, Andre

**P71 | Impact of heating on in-vitro protein digestibility and functionality of fava bean protein isolates**  
Sharma, Neha; Gwala, Shannon; Kamani, Mohammad; Murphy, Eoin; Owens, Rebecca; Giblin, Linda; Brodkorb, Andre

**P72 | Highlighting the antioxidant and hypocholesterolemic properties of peptides from spirulina (*Arthrospira platensis*).  
Deracinois, Barbara; Dugardin, Camille; Benneceur, Ikram; Marechal, Esteban; Neuray, Jacques; Jacques, Philippe; Flahaut, Christophe; Ravallec, Rozenn**

**P73 | Cellulose nanofibers-stabilized Pickering emulsions: Characterization and emulsion digestion**  
Chevalier, Raquel; Oliveira Júnior, Fernando; Cunha, Rosiane

**P74 | Induced viscosity-milkshake reduced the calorie intake without a compromise in lipid digestion**  
Kasperek, Mirosław; Pająk, Paulina; Tulberg, Cecilia; Lett, Aaron; Krystyan, Małgorzata; Hetherington, Marlon M.

**P75 | The impact of initial food structure on gastric digestion in solid carbohydrate-based foods**  
Sun, Weiyi; Bomhorst, Gall

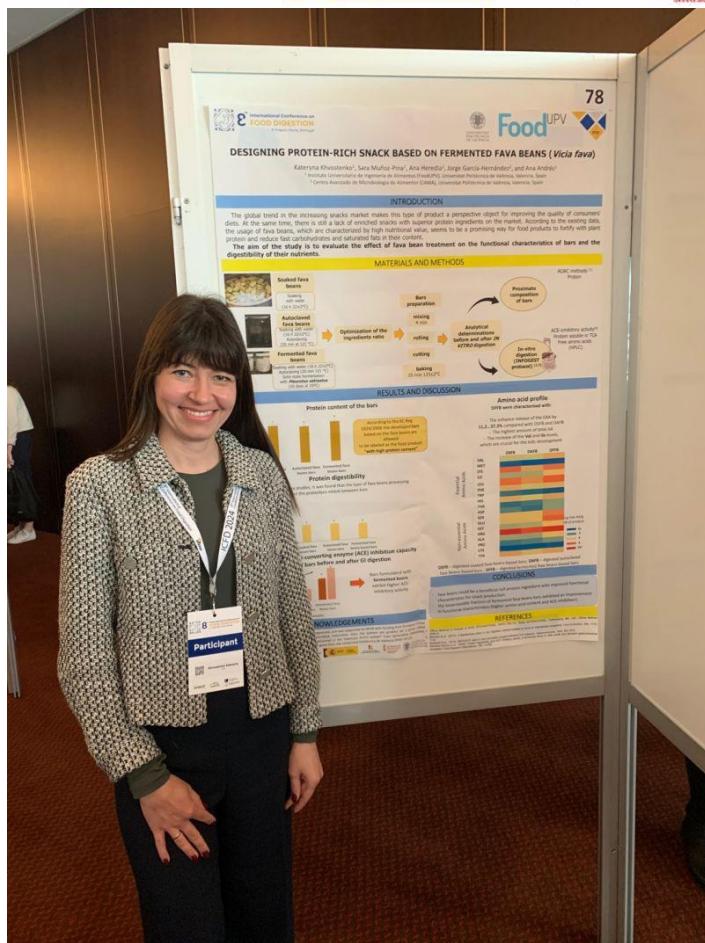
**P76 | Rice and rapeseed side streams: Impact of phytic acid reduction on gelation properties and in vitro protein digestion**  
Kontekangas, Ann; Rosa-Stabkov, Natalia; Nordlund, Emilia; Silventoinen-Veltjäläinen, Pia; Süzer, Nesli; Kolehmainen, Marjukka

**P77 | The influence of tea preparation on Ganoderma lucidum's triterpene bioaccessibility**  
Borowski Rodrigues, Danièle; Cardoso, Rossana; Murrube, Nelvaldo; Petros, Peter; Puro, Eric; Barros, Lillian

**P78 | Designing protein-rich snack based on fermented fava beans (*Vicia faba*)**  
Khvostenko, Kateryna; Muñoz-Pina, Sara; García-Hernández, Jorge; Heredia, Ana; Andrés, Ana

**Figura 1.** Programa de Posters donde se incluye el poster presentado: “Designing protein-rich snack based on fermented fava beans (*Vicia Fava*)”.





**Figura 2.** Presentación por parte de la investigadora Dra. Kateryna Khvostenko del poster: “Designing protein-rich snack based on fermented fava beans (Vicia Fava)”.

## DESIGNING PROTEIN-RICH SNACK BASED ON FERMENTED FAVA BEANS (Vicia fava)

Kateryna Khvostenko<sup>1</sup>, Sara Muñoz-Pina<sup>1</sup>, Ana Heredia<sup>1</sup>, Jorge García-Hernández<sup>2</sup>, and Ana Andrés<sup>1</sup>

<sup>1</sup> Instituto Universitario de Ingeniería de Alimentos (FoodUPV), Universitat Politècnica de València, Valencia, Spain

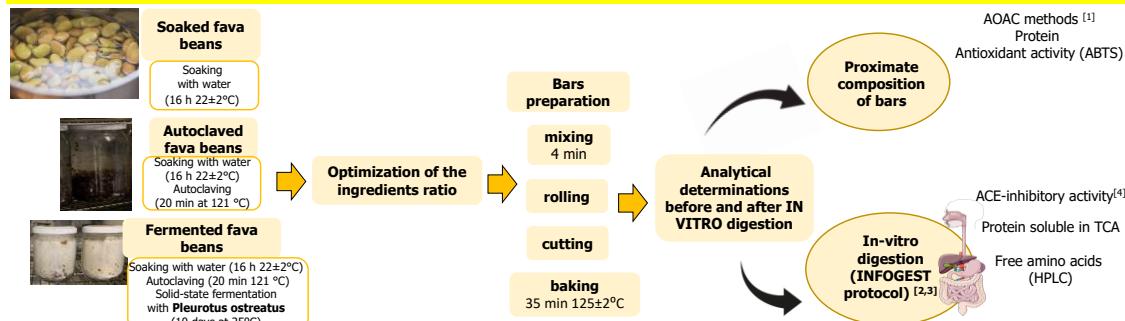
<sup>2</sup> Centro Avanzado de Microbiología de Alimentos (CAMA), Universitat Politècnica de València, Valencia, Spain

### INTRODUCTION

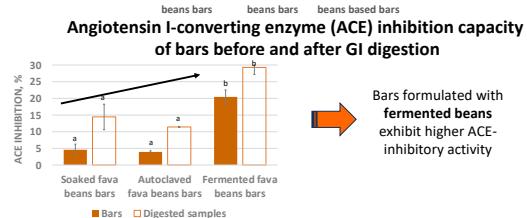
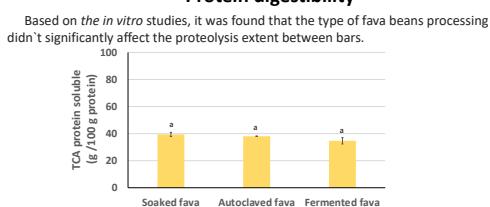
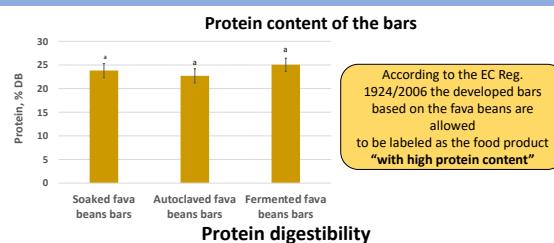
The global trend in the increasing snacks market makes this type of product a perspective object for improving the quality of consumers' diets. At the same time, there is still a lack of enriched snacks with superior protein ingredients on the market. According to the existing data, the usage of fava beans, which are characterized by high nutritional value, seems to be a promising way for food products to fortify with plant protein and reduce fast carbohydrates and saturated fats in their content.

**The aim of the study is to evaluate the effect of fava bean treatment on the functional characteristics of bars and the digestibility of their nutrients.**

### MATERIALS AND METHODS



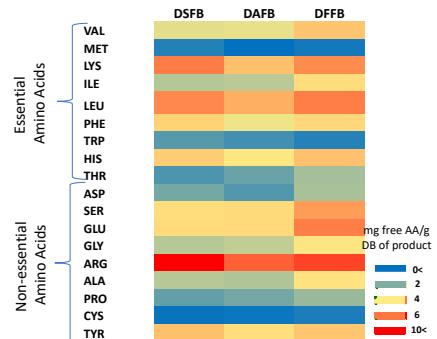
### RESULTS AND DISCUSSION



### Amino acid profile

DFFB were characterized with:

- The enhance release of the EAA by 11,2...37,3% compared with DSFB and DAFB
- The highest amount of total AA
- The increase of the Val and Ile levels, which are crucial for the kids development



### CONCLUSIONS

- fava beans could be a beneficial rich protein ingredient with improved functional characteristics for snack production;
- the bioaccessible fraction of fermented fava beans bars exhibited an improvement in functional characteristics (higher amino acid content and ACE inhibition).

### REFERENCES

- Official Methods of Analysis of AOAC INTERNATIONAL. (2023) 22th Ed., AOAC INTERNATIONAL, Gaithersburg, MD, USA. Official Method 2008.01.  
2. Minekus et al., (2014). A standardised static *in vitro* digestion method suitable for food-animal intestinal consensus. *Food & function*, 5(6), 1113-2008.01.  
Broekon et al., (2019). INFOGEST static *in vitro* simulation of gastrointestinal food digestion. *Nature protocols*, 14(4), 991-1014.  
Sánchez-García et al., (2024). Protein digestibility and ACE inhibitory activity of fermented flours in older adults and standard gastrointestinal simulation. *Food Research International*, 180, 114080.

**Figura 3.** Poster “Designing protein-rich snack based on fermented fava beans (Vicia Fava)” presentado por parte de la investigadora Dra. Kateryna Khvostenko.



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